

# Event Programme for 2022 National Road Champs in Graskop

Race office: TBC

## Wednesday 9 February 2022

Registration: 16h00 – 20h00

Technical meeting: 18h00

Team Managers meeting: 19h00

## **Thursday 10 February 2022 - Time Trial**

Registration: 09h00 - 12h00

Start: **07h30**

<b>Category</b>	<b>Distance</b>	<b>Start Time</b>
Junior Ladies	15 km	07h30
Master Women 60+	15 km	08h00
Master Women 50 - 59	15 km	08h15
Vets Women 40 - 49	15 km	08h30
Masters Men 70+	15 km	08h45
<b>Prize Giving</b>		<b>10h00</b>
Master Men 60 - 69	15 km	09h00
Disabled Men & Women	20 km	10h00
<b>Prize Giving</b>		<b>12h00</b>

<b>Category</b>	<b>Distance</b>	<b>Start Time</b>
Junior Men	20 km	14h00
Vets Women 30 - 39	20 km	14h30
U/23 & Elite Women	20 km	15h00
Master Men 50 - 59	20 km	15h30
<b>Prize Giving</b>		<b>17h00</b>

## **Friday 11 February 2022 - Time Trial**

Registration: 09h00 - 12h00

Start: **07h30**

<b>Category</b>	<b>Distance</b>	<b>Start Time</b>
U/23 Men		07h30
Elite Men		08h15
<b>Prize Giving</b>		<b>10h00</b>
Vets Men 30 - 39		10h30
Vets Men 40 - 49		11h30
<b>Prize Giving</b>		<b>13h00</b>

## Saturday 12 February 2022 - Road Races

Registration: 09h00 - 12h00  
Start 06h30

Category	Laps	Distance	Start time
Disabled cycling C1 – C5			06h30
Disabled cycling C1 – C3 Women			06h35
Disabled cycling H1 – H5 Men and Women			06h40
Disabled cycling T1 & T2 Men			06h45
Disabled cycling T1 & T2 Women			06h50
<b>Prize Giving</b>			<b>09h30</b>

Category	Laps	Distance	Start time
Master Men 50 – 59+	4	104 km	08h30
U/23 & Elite Women	5	129 km	08h35
Vets Women 30 - 39	3	79 km	08h40
Vets Women 40 - 49	3	79 km	08h45
Master Women 60+	2	54 km	08h50
<b>Prize Giving</b>			<b>13h00</b>

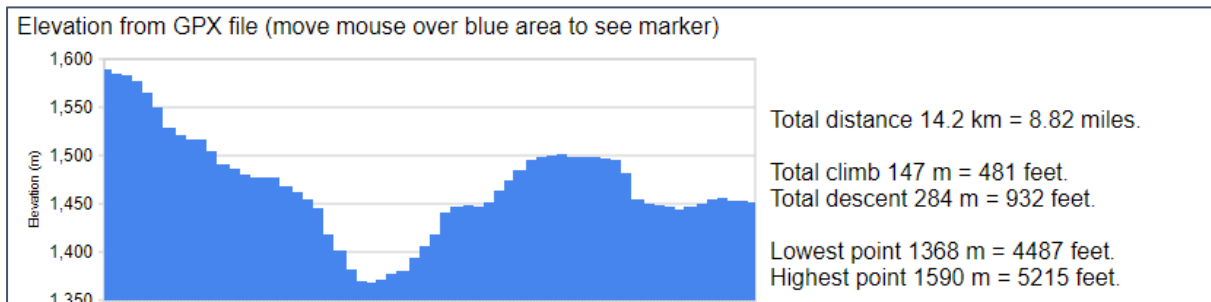
Category	Laps	Distance	Start Time
Vets Men 40 - 44	5	129 km	14h00
Vets Men 45 - 49	5	129 km	14h10
Master Men 60+	3	79 km	14h25
Junior Ladies	3	79 km	14h15
Master Women 50 - 59	3	79 km	14h20
<b>Prize Giving</b>			<b>17h00</b>

## Sunday 13 February 2022

Start 07h00

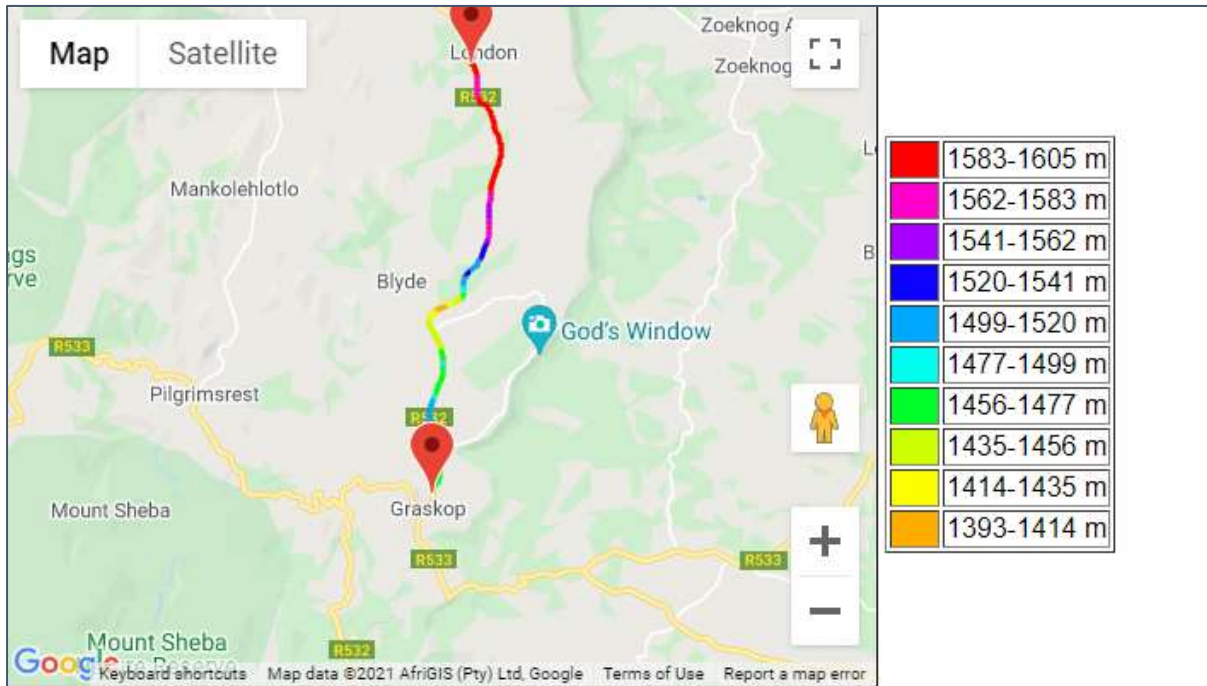
Category	Laps	Distance	Start Time
U/23 & Elite Men	7	179 km	07h00
Junior Men	5	129 km	07h05
Vets Men 35 - 39	5	129 km	07h10
Vets Men 30 - 34	5	129 km	07h15
<b>Prize Giving</b>			<b>12h00</b>

## 15km Route

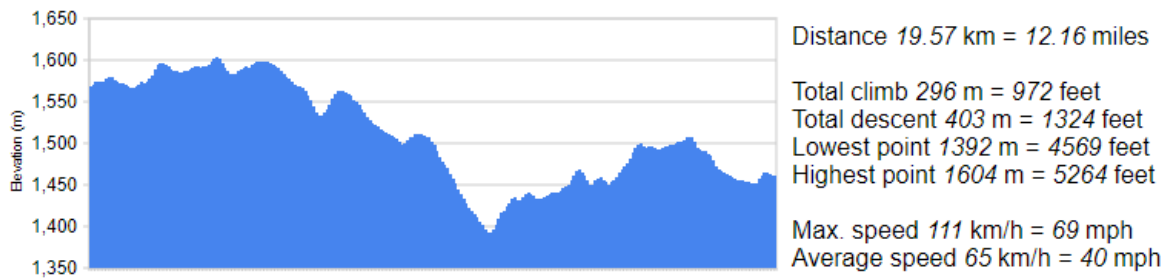


[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_10\\_21\\_b\\_Track\\_S-A-S-15-KM-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_10_21_b_Track_S-A-S-15-KM-TT.gpx)

## 20km Route

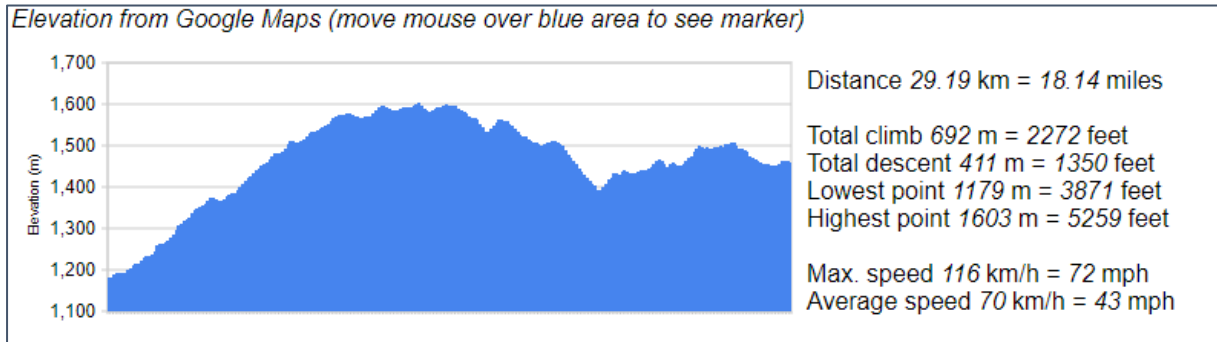
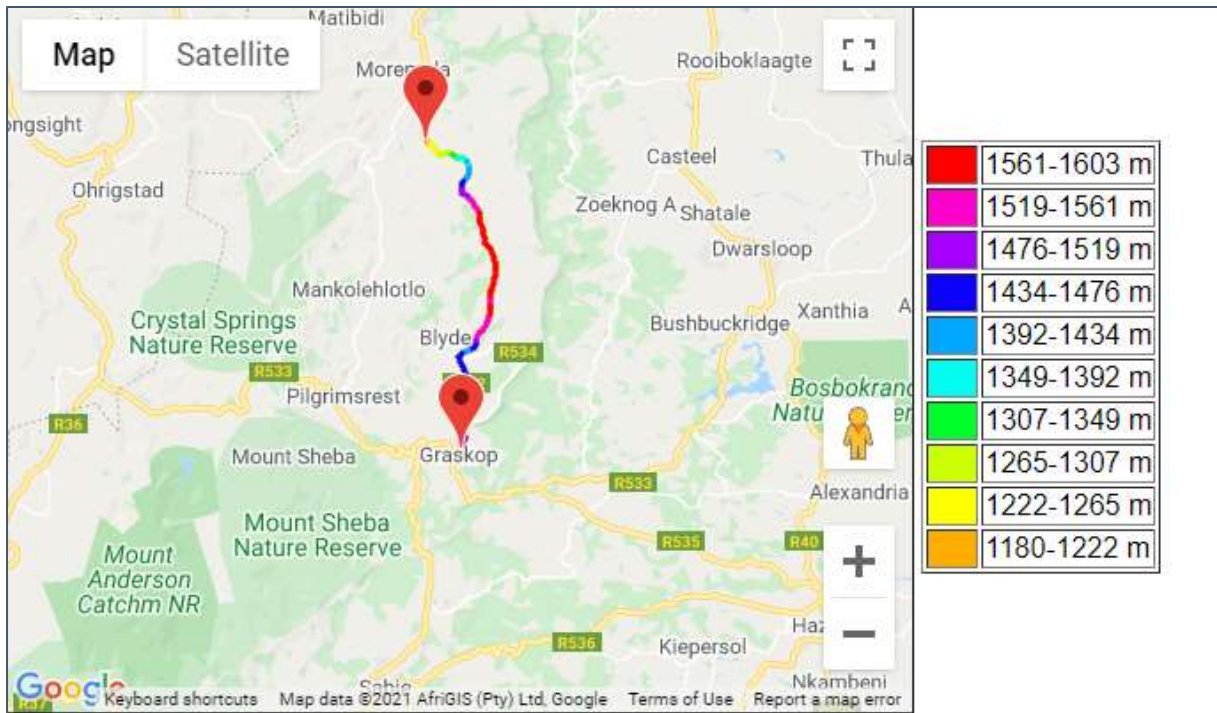


Elevation from Google Maps (move mouse over blue area to see marker)



[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_14\\_50\\_b\\_Track\\_S-A-S-20-KM-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_14_50_b_Track_S-A-S-20-KM-TT.gpx)

### 30 km Route



[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_19\\_29\\_b\\_Track\\_S-A-S-2022-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_19_29_b_Track_S-A-S-2022-TT.gpx)

# Road Race single lap route 25 km

