



## Event Programme

### 2022 South African National Road and Time Trial Championships

10 to 13 February 2022 @ Graskop, Mpumalanga

Race office: TBC

#### Wednesday 9 February 2022

Registration: 16h00 – 20h00  
 Technical meeting: 18h00  
 Team Managers meeting: 19h00

#### Thursday 10 February 2022 - Time Trial

Registration: 09h00 - 12h00  
 Start: **07h30**

Category	Distance	Start Time
Junior Ladies	15 km	07h30
Master Women 60+	15 km	08h00
Master Women 50 - 59	15 km	08h15
Vets Women 40 - 49	15 km	08h30
Masters Men 70+	15 km	08h45
<b>Prize Giving</b>		<b>10h00</b>
Master Men 60 - 69	15 km	09h00
Para Men & Women	15 km	10h00
<b>Prize Giving</b>		<b>12h00</b>

Category	Distance	Start Time
Junior Men	20 km	14h00
Vets Women 30 - 39	20 km	14h30
U/23 & Elite Women	20 km	15h00
Master Men 50 - 59	20 km	15h30
<b>Prize Giving</b>		<b>17h00</b>



## Friday 11 February 2022 - Time Trial

Registration: 09h00 - 12h00  
 Start: **07h30**

Category	Distance	Start Time
U/23 Men	30km	07h30
Elite Men	30km	08h15
Prize Giving	30km	10h00
Vets Men 30 - 39	30km	10h30
Vets Men 40 - 49	30km	11h30
<b>Prize Giving</b>		<b>13h00</b>

## Saturday 12 February 2022 - Road Races

Registration: 09h00 - 12h00  
 Start: 06h30  
 Location: R532 direction Blyde Canyon

Category	Distance	Start time
Para cycling Men C1 – C3	54km	06h30
Para Men C4 – C5	79KM	06h35
Para cycling C1 – C3 Women	25km	06h40
Para cycling C4 – C5 Women	54km	06h45
Para cycling H1 – H2 Men	25km	06h50
Para cycling H3 – H5 Men	54km	06h55
Para cycling H1 – H5 Women	25km	07h00
Para cycling T1 & T2 Men	25km	07h05
Para cycling T1 & T2 Women	20km	07h10
<b>Prize Giving</b>		<b>09h30</b>

Category	Laps	Distance	Start time
Master Men 50 – 54	6	127 km	08h30
Master Men 55 – 59	5	107 km	08h35
U/23 & Elite Women	5	107 km	08h40
Vets Women 30 - 39	4	88 km	08h45
Vets Women 40 - 49	3	67 km	08h50
Master Men 70+	3	67 km	08h45
Master Women 60+	2	46 km	09h00
<b>Prize Giving</b>			<b>13h00</b>



<b>Category</b>	<b>Laps</b>	<b>Distance</b>	<b>Start Time</b>
Vets Men 40 - 44	6	127 km	14h00
Vets Men 45 - 49	6	127 km	14h10
Master Men 60+	4	88 km	14h25
Junior Ladies	3	67 km	14h15
Master Women 50 - 59	3	67 km	14h20
<b>Prize Giving</b>			<b>17h00</b>

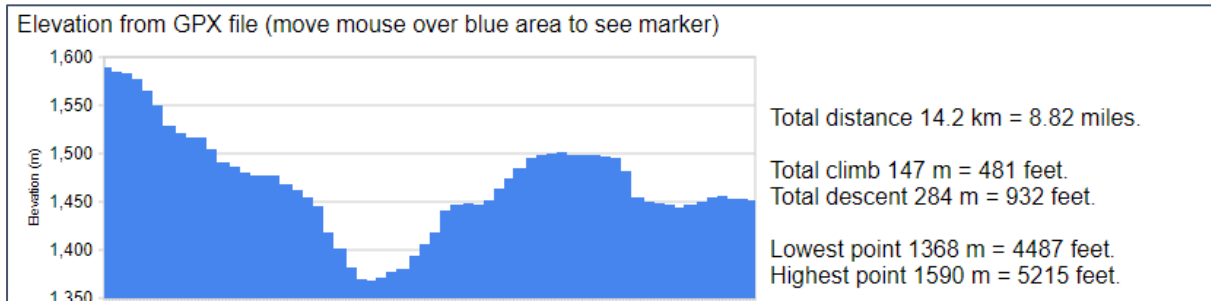
## **Sunday 13 February 2022**

**Start                      07h00**

<b>Category</b>	<b>Laps</b>	<b>Distance</b>	<b>Start Time</b>
U/23 & Elite Men	8	169 km	07h00
Junior Men	6	127 km	07h05
Vets Men 35 - 39	6	127 km	07h10
Vets Men 30 - 34	6	127 km	07h15
<b>Prize Giving</b>			<b>12h00</b>



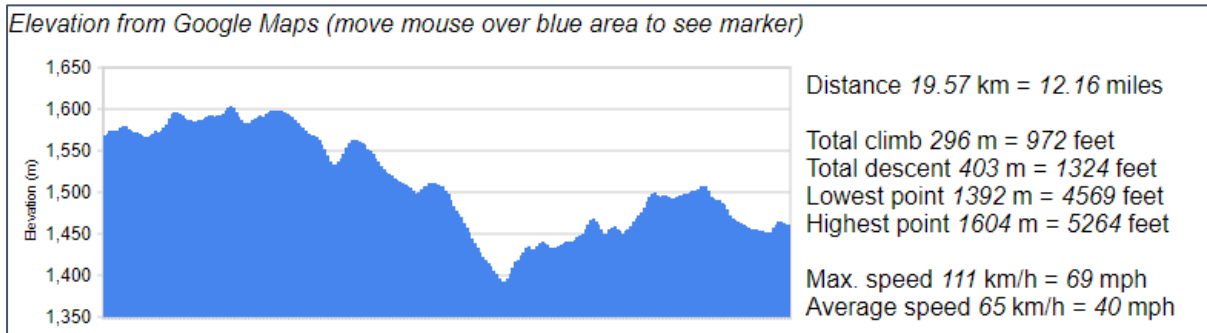
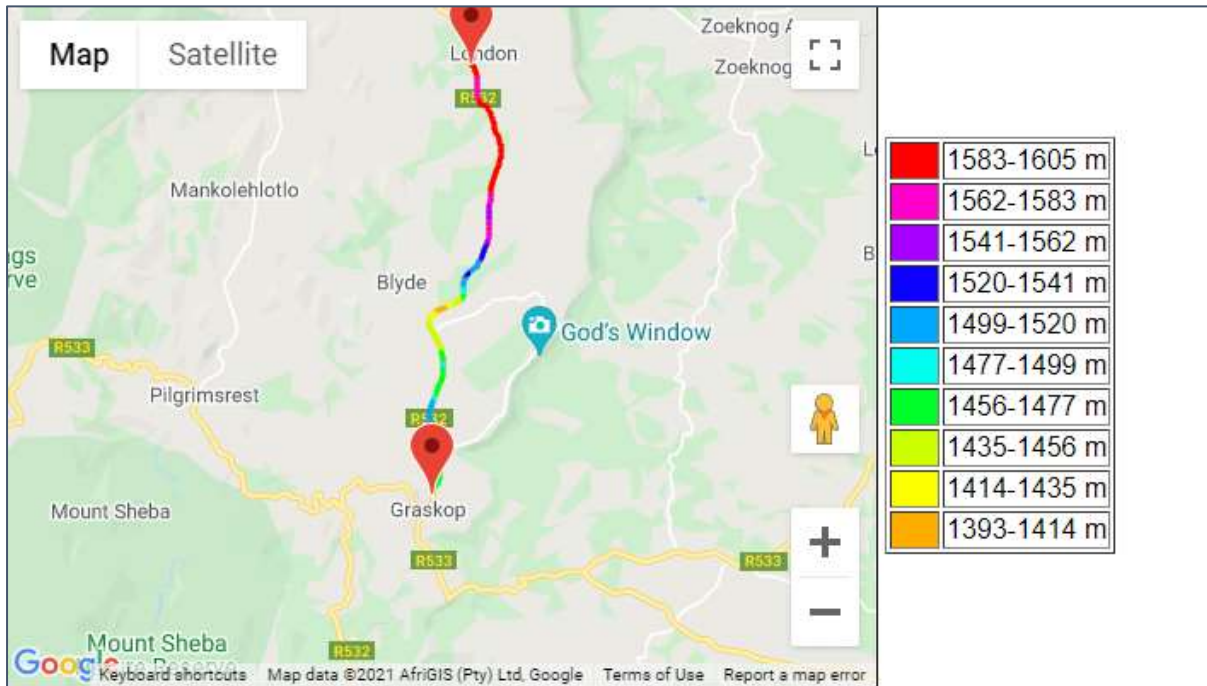
## 15km Route



[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_10\\_21\\_b\\_Track\\_S-A-S-15-KM-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_10_21_b_Track_S-A-S-15-KM-TT.gpx)



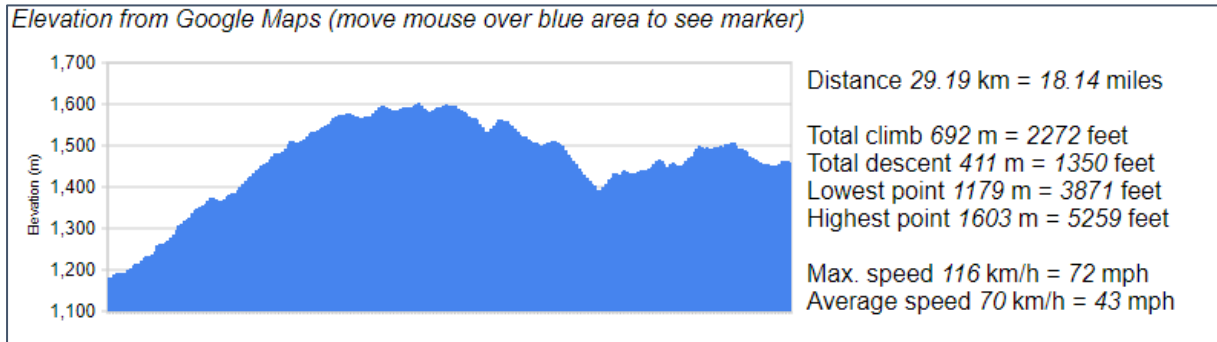
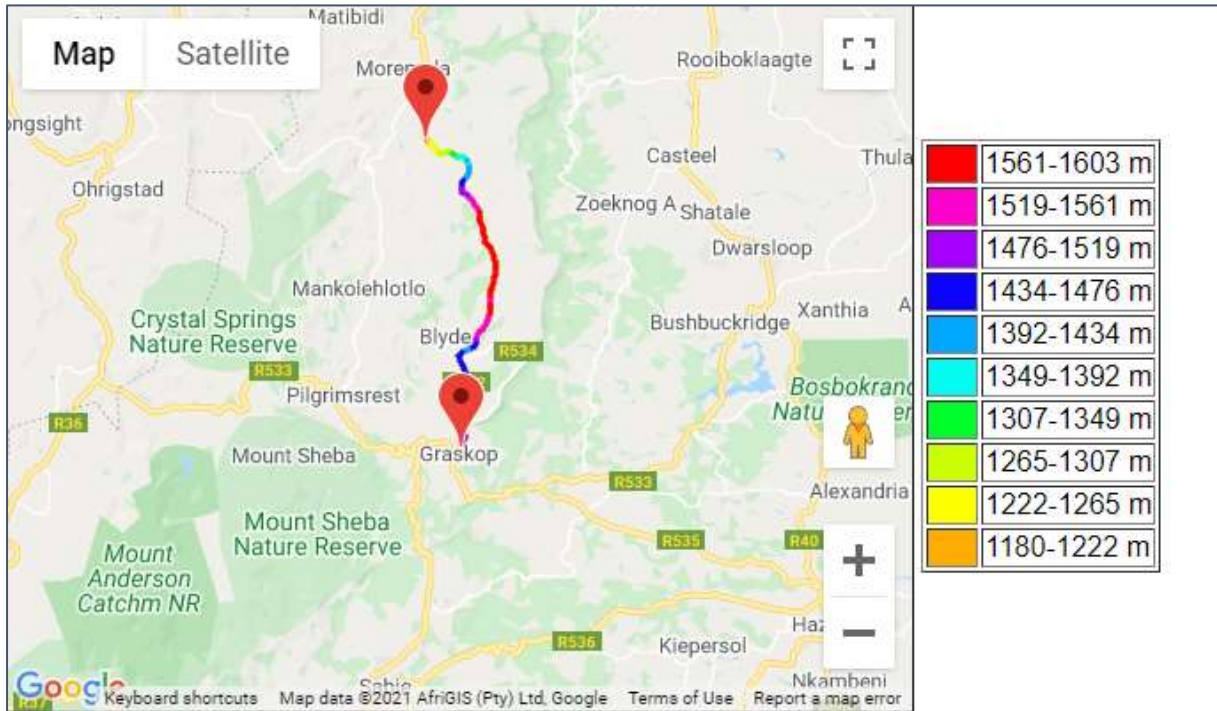
## 20km Route



[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_14\\_50\\_b\\_Track\\_S-A-S-20-KM-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_14_50_b_Track_S-A-S-20-KM-TT.gpx)



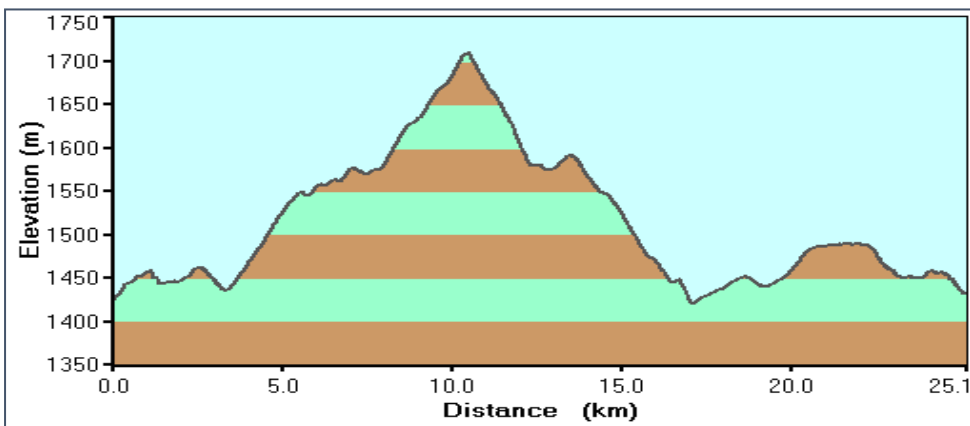
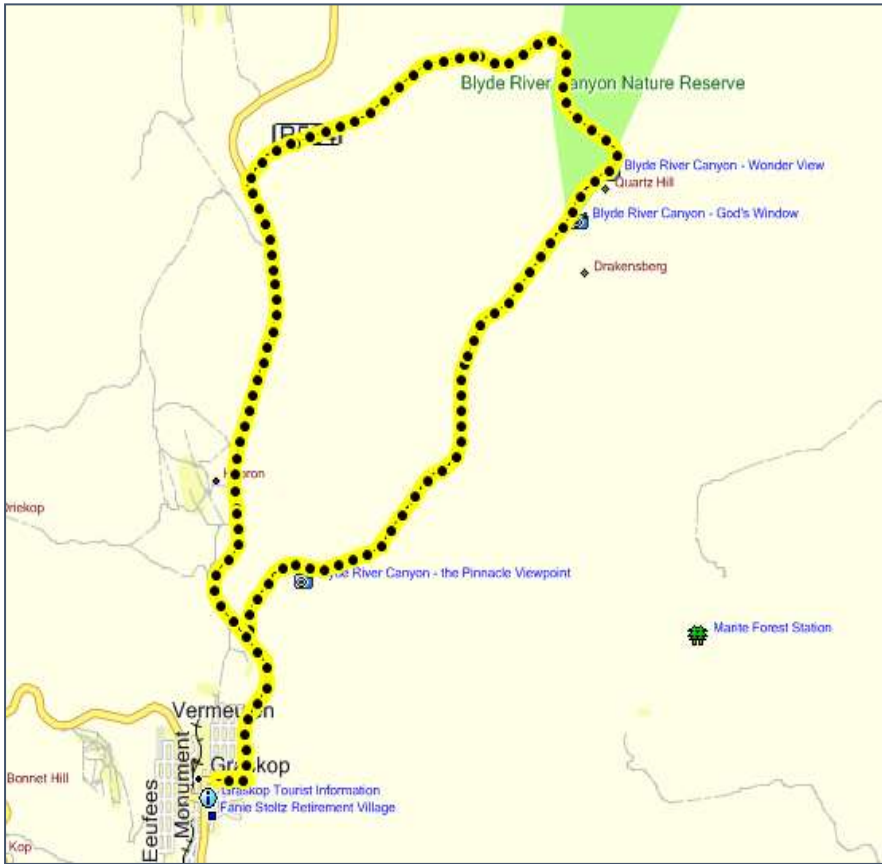
### 30 km Route



[https://maplorer.com/permalink.php?file=2021-11-13\\_08\\_19\\_29\\_b\\_Track\\_S-A-S-2022-TT.gpx](https://maplorer.com/permalink.php?file=2021-11-13_08_19_29_b_Track_S-A-S-2022-TT.gpx)



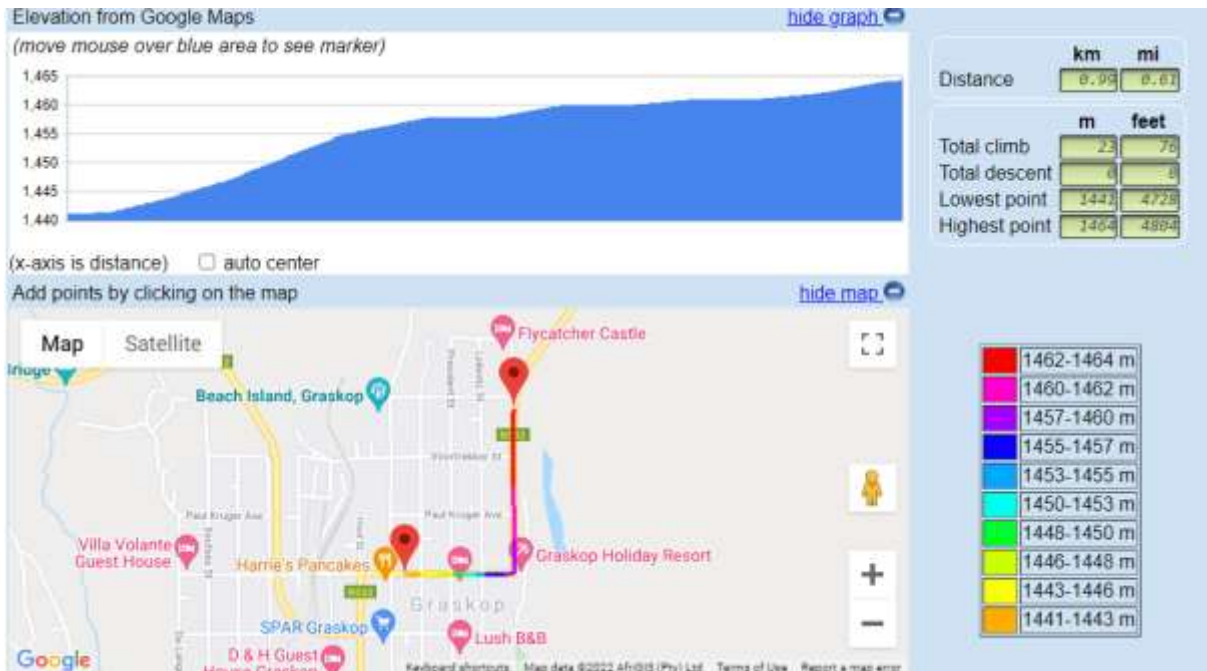
# Road Race single lap route 25 km





## Neutral zone

Start at African Silks

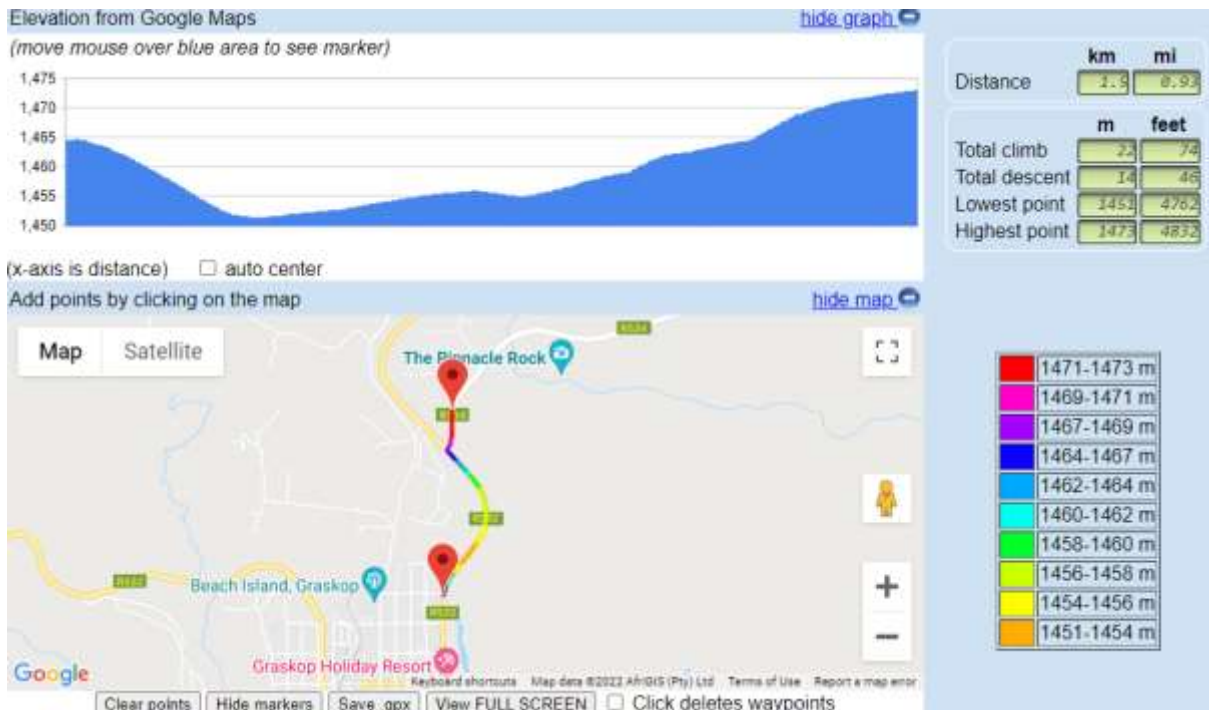


[https://maplorer.com/permalink.php?file=2022-01-03\\_19\\_41\\_31\\_b\\_neutral-zone.gpx](https://maplorer.com/permalink.php?file=2022-01-03_19_41_31_b_neutral-zone.gpx)





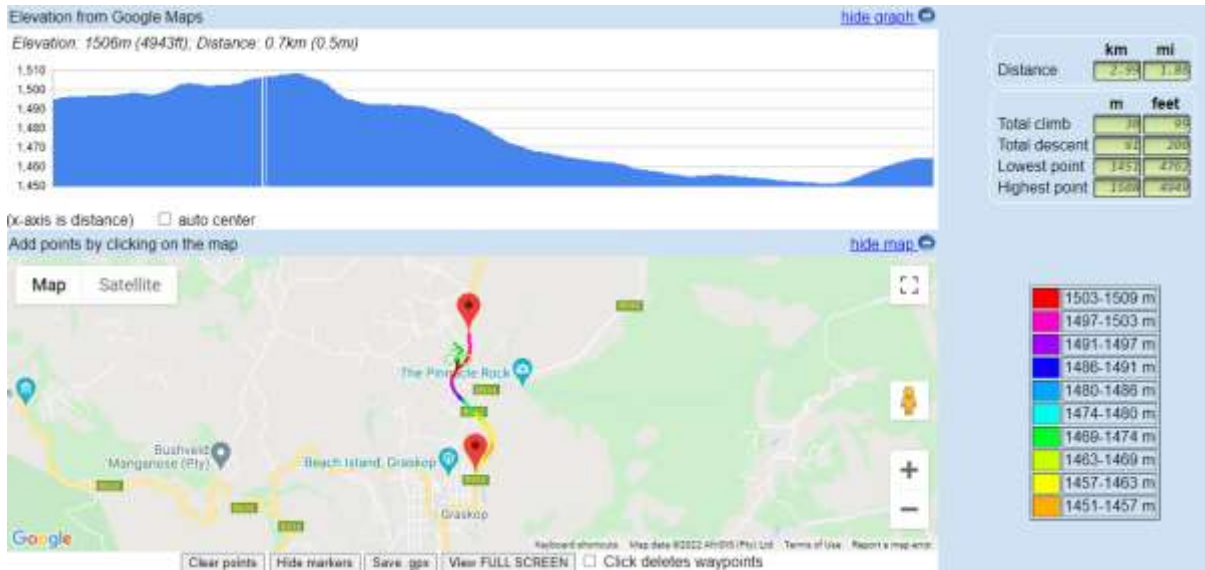
**Race start location  
(1st 1,5 km after neutral zone)**



[https://maplorer.com/permalink.php?file=2022-01-03\\_19\\_48\\_22\\_b\\_start-location.gpx](https://maplorer.com/permalink.php?file=2022-01-03_19_48_22_b_start-location.gpx)

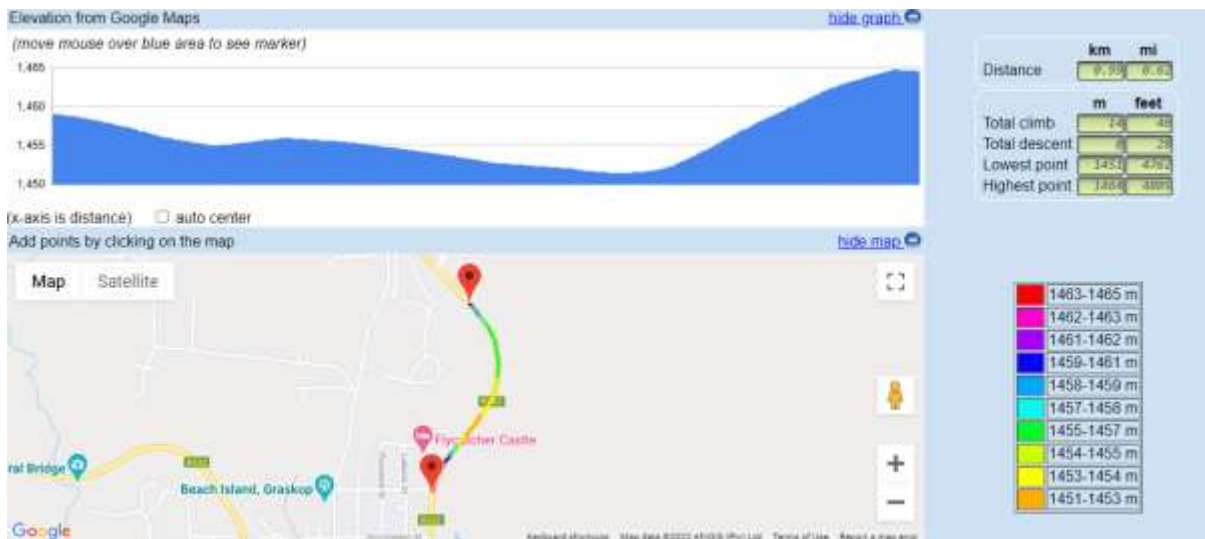


## Final 3km map & profile



[https://maplorer.com/permalink.php?file=2022-01-03\\_20\\_01\\_50\\_b\\_Final-3-km.gpx](https://maplorer.com/permalink.php?file=2022-01-03_20_01_50_b_Final-3-km.gpx)

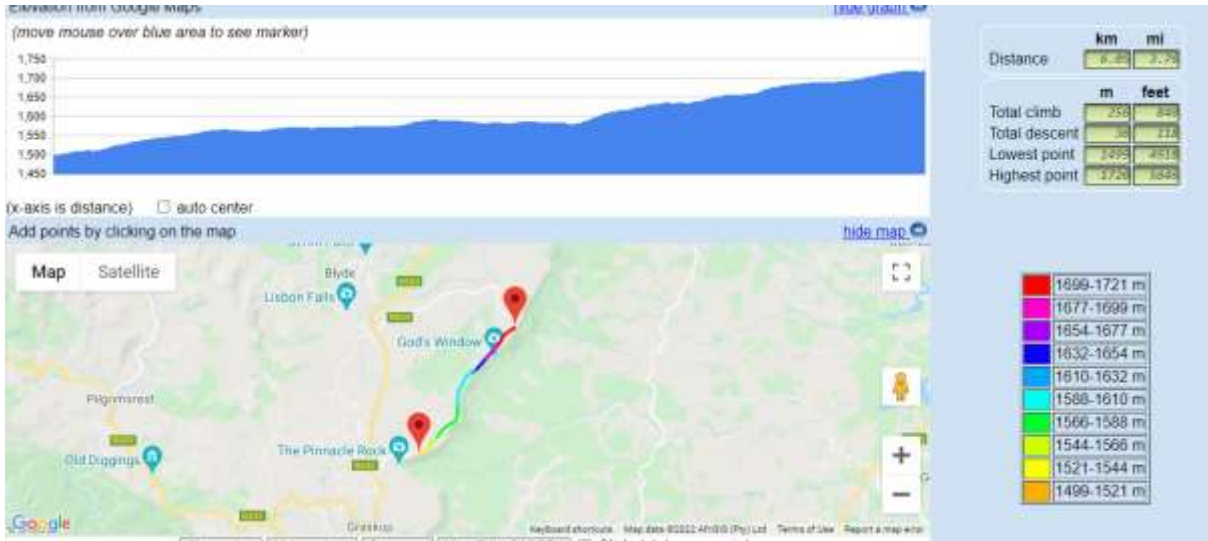
## Final 1km map & profile



[https://maplorer.com/permalink.php?file=2022-01-03\\_20\\_10\\_11\\_b\\_final-1-km.gpx](https://maplorer.com/permalink.php?file=2022-01-03_20_10_11_b_final-1-km.gpx)



## Significant climbs on route (Same on each lap)



[https://maplorer.com/permalink.php?file=2022-01-03\\_20\\_22\\_02\\_b\\_significant-climb.gpx](https://maplorer.com/permalink.php?file=2022-01-03_20_22_02_b_significant-climb.gpx)